



@annabc_art

Sins, Love and Rainbows

Sex-Positive Party

Vademecum

PEOPLE

Be kind and attentive, for some people this might be a new situation.

*If you don't know anyone
and you think that meeting someone else beforehand
in a less crowded situation can help you
make things more comfortable,
reach out to me and I'll make it happen.*

PEOPLE

Life happens, there might be latecomers.
Make sure to make it easy for them to mingle.

Many might not speak German;
**please stick to English so that anyone can jump into
conversations.**

PRONOUNS AND NAMES

Please be mindful that **not everyone is cis-gender**.

Ask for and respect their **pronouns**.

Never ask for someone's **deadname**.

Name tags will be provided.

NO UNICORN HUNTING

You know what I'm talking about. Right?

<https://www.unicorns-r-us.com/>

ESCALATION

So that everyone can enjoy their time without having to worry about things escalating all of a sudden:

NO HORNY UNTIL 23:00

ESCALATION

It is gonna be first and foremost
a **safe space** where you can just be.

Come prepared mentally, physically
and with the essentials.

ESCALATION

Things **may** escalate.

There will be two different rooms but privacy might be limited.

It goes without saying, **you can opt-out** at any moment: no problem, no judgement, no drama whatsoever.

ESCALATION

Keep in mind: this is not a sex-buffet to satisfy your hunger and desires.

Do not objectify the people or the Party itself.

The escalation is a consequence of the atmosphere we create, not the goal.

PRACTICALITIES

If you want to bring toys,
don't bring easily breakable ones.

Make sure they're charged!

I'll provide condoms,
but feel free to bring your own if you prefer them.
Same goes for lube.

Everyone present is expected to be well-versed in
communication, sex education,
respecting boundaries and so on.

But since some of you do not know each other yet,
in order to make everyone **feel safe**:

GROUP SEX RULES

- **Freshen up, come prepared!**
- **Read the room!;**
- **Do not try to *convince* anyone** to participate, not even yourself!
- **Anything but an enthusiastic yes is a no;**
- **Consent. Consent. Consent.** Do not presume consent in any case. Ever. Even if the person you want to engage with is banging five other people at the same time, it does not imply they want to bang you.
- **Boundaries:** ask for boundaries, act accordingly.
- **Make it easy to say no.**
- **Accept “no” gracefully:** do not make anyone feel uncomfortable for saying *no* to you.

GROUP SEX RULES

- **Body/image issues:** always keep in mind that some people might have body/image issues. Be mindful of that, don't put pressure on anyone.
- **Condoms.** Always. Also on toys.
- **No double dipping.** Ever. You change partner, you get a new condom for yourself and/or the toy you are using.
- **Same goes for your hands:** you change partner, you wash your hands thoroughly, no matter how unsexy it is.
- **Communication.** You know... communicate. And listen.

REMEMBER

It can be an overwhelming situation even for the most experienced of us. So please, please, please:

- check in on each other;
- **don't get blinded by horniness;**
- pause, take care of yourself and those next to you;
- **the room must adapt to the needs of the least comfortable person;**
- don't be afraid to voice your discomfort;

AFTERCARE

The day after we'll hold an optional aftercare session.

Whoever needs or wants to can join to unwind, debrief, talk, or even just exist in silence, eat leftovers and get **cuddles on the couch** while watching a comfort movie.

If I missed something or if there's anything I can do to make this experience more comfortable for you,
please, please, please,

do not hesitate to reach out!



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